

FINGAL FLYER

SPRING
2018
ISSUE



Congratulations to Noelene Lever –
Barnados Mother of the Year 2018.



FHCA Community Action & Aircraft Noise
Campaign



What's happening at Fingal School?



Fingal Coastcare, Bird Notes with Kate &
TVSC News



Cooking with Jo – Thai Moist Coconut Pie

Keep
Fingal
Special!





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CONGRATULATIONS NOELENE!

FINGAL HEAD BORN & BRED BUNDJALUNG WOMAN NOELENE LEVER NAMED BARNADO'S MOTHER OF THE YEAR 2018

Below is an extract from the May 26, 2018 edition of Great Lakes Advocate recognising Noelene's lifetime of sharing, supporting and giving.

"I never thought I would ... be named the national Bernados mother of the year 2018" a humble Noelene Levee said following the announcement last week.

The 78 year-old mum from Forster and proud Bundjalung woman Noelene has dedicated her life to caring for children from all walks of life.....

As a young widow Noelene raised 5 children while working two jobs. At the same time Noelene opened her door – a door which she says was never closed, to more than 50 foster children...

She was a passionate worker in the Redfern Aboriginal community including work with the Aboriginal Children's Service and Gulamar.

Many of the children remained with their foster mum until adulthood. 'My mother is my role model and I am the woman I am today because of her' said nominator and foster daughter 38 year old Sarina Kapeli. Noelene began caring for Sarina 'on loan' when she was just two weeks old....



2018 Mother of the Year Noelene Lever, with nominator and foster daughter Sabrina Kapeli



Auntie Bonnie Bjorland – proud mum of Noelene Lever

David Levy from Bernados Australia said 'Thousand of nominations were submitted across the country, celebrating the incredible role mothers play in guiding, nurturing and protecting children,

Noelene's dedication, commitment and genuine love for all children, especially those in need is incredibly moving and showcases the same philosophy we pride ourselves on here at Bernados.'

Noelene's mother Auntie Bonnie Bjorland and all of Noelene's extended family must be very proud of her.

Congratulations Noelene from a proud Fingal Head community!

BIRD NOTES with Kate

IT'S SPRING!

Birds are moving about in pairs. There are a lot of Honeyeaters on my Grevilleas – Eastern Spinebills, Lewin Honeyeaters, Noisy Friarbirds, Blue-faced Honeyeaters, Olive-backed Orioles and Brown Honeyeaters.

The Grey Shrike-thrush, Spangled Drongos and Eastern Yellow Robin are about and I sometimes see the lovely little red Mistletoebird.



Left to right: Eastern Spinebill, Lewin Honeyeater, Noisy Friarbird, Blue Faced Honeyeater, Olive Backed Oriole

From Sand Mining to Littoral Rainforest



Sand mining settling pond, south of the Headland, circa late 1960s



Littoral Rainforest at Fingal Head 2017

28 species of birds on Fingal Peninsula

Fingal residents, Elizabeth Allen and Olga Vidler kept records of birds at Fingal Head for decades. In the late 1960s during the extensive sand mining they recorded 28 birds.

217 Species of birds on Fingal Peninsula

Five decades later there are 217 species frequenting Fingal Peninsula. This data includes the regular bi-monthly count conducted by local volunteers from Birdlife. Extra flocks of the Yellow-Tailed Black Cockatoo moved to our peninsula after extensive tree clearing for development at Casuarina. So our peninsula provides habitat for birds after other habitats have been destroyed.



GLOSSY BLACK-COCKATOO BIRDING DAY – SUNDAY 14 OCTOBER 2018

Glossies are specialist feeders – they don't eat a variety of foods; they do eat the seeds of the Casuarinas, so they may frequent our foreshores.

The Birding Day is a long-term citizen science project, running since 2009. Results from the day provide a snapshot of the population of Glossies in the Tweed and south-east Queensland. Volunteers can participate either as an individual or as a group, by surveying their property or searching a local habitat. Please check Birdlife Northern Rivers events page closer to the day for an exact meeting place along the Tweed Coast:

<http://www.birdlife.org.au/locations/birdlife-northern-nsw/birdlife-northern-rivers>



RESPECT OUR TREES

Why are **trees** so **important**? **Trees** are vital. As the biggest plants on the planet, they give **us** oxygen, store carbon, stabilise the soil and give life to the world's wildlife. They also provide **us** with shelter and shade.

Why is it important to plant **trees**? They prevent erosion of the soil, as well as provide a home for a variety of animals. Of critical importance to humans, they also play a major role in producing the oxygen **we** breathe and cleaning carbon dioxide out of the air.

Trees create an ecosystem to provide habitat and food for birds and other animals. **Trees** absorb carbon dioxide and potentially harmful gasses, such as sulphur dioxide, carbon monoxide, from the air and release oxygen. One large tree can supply a day's supply of oxygen for four people.

Trees are essential for life. As the longest living species on earth, they give us a link between the past, present and future.

The canopies of trees act as a physical filter, trapping dust and absorbing pollutants from the air. Each individual tree removes up to 1.7 kilos every year. They also provide shade from solar radiation and reduce noise.

Keep Fingal Special – respect our trees.



COMMUNITY ACTION

The end of winter and the start of spring have brought beautiful nourishing spring rain to the peninsula. We have needed it. Whales are still visiting our coastline, migrating south with their new offspring so ensure you look for them frolicking in the ocean when you spend some time on the beaches and headland. It is very special to enjoy their presence.

Wonderful to see so many locals witness the Juraki Surf Invitational Traditional welcome to country and mixing of the waters ceremony on 11 August 2018. Many community members also joined in the Cultural night, music and feasting. Thankyou to all and congratulations to the competition winners.



Hosting visitors from Canberra recently we viewed the Fingal Peninsula from Razorback Lookout. Have you been there? Fantastic panoramic views of the Tweed, Mt Warning, the Gold Coast Hinterland but particularly Fingal Head. Take your camera. Razorback provides a wonderful perspective of our beautiful location.

Our campaign to improve the mobile phone signal for the 85% of respondents who currently experience problems was discussed at length at the FHCA meeting in August 2018. You will recall we issued a Community survey to gauge how widespread the issue of inadequate mobile phone signal was for residents of Fingal Head in order to develop a base of information to seek change.

Arising from the August FHCA meeting and the actions of the working group correspondence has been sent to relevant local members, Ministers, and the General Manager of the Tweed Shire Council.

We also encouraged residents to make submissions to the 2018 Regional Telecommunications Review. Each residence was letterboxed details prior to the submission deadline date of 5 August 2018. We await an outcome from that process.

One of our local representatives, the Hon Justine Elliott MP has made representations on our behalf to the Minister for Communications, the CEO Telstra and the Area Manager Telstra. There has already been some local media and more is planned to advance the issue and achieve an improvement to the mobile phone signal for Fingal Head residents.

Updates about this campaign will be given at the next FHCA meeting to be held on Wednesday 10 October 2018 at 7pm at the MPU at the School. I encourage you to join the FHCA, take an active role and support our work. We can work together collectively to improve the overall situation for our small community.

Helen Twohill

President – Fingal Head Community Association Inc.



COOKING WITH JO

THAI MOIST COCONUT PIE – EASY & DELICIOUS

INGREDIENTS

4 eggs
125 gms butter melted
½ cup plain flour
½ cup milk
¾ cup castor sugar
1 cup dessicated coconut
400ml coconut milk

METHOD

Preheat oven to 170*.

Blend in food processor all ingredients together until smooth. Pour into a greased 23cm pie dish. Bake in oven for 50-60 minutes till firm. Cool to room temperature. Nice served with a fruit puree and ice cream. You can also add berries, cut strawberries, or mango pieces into the pie before cooking. Keep in fridge about 5 days.



NEW FACES AT THE FINGAL GENERAL STORE AND CELLARS



The new owners of the Fingal General Store and Cellars have been undertaking a makeover of our local store.

Make sure you introduce yourself to Katherine, Brian and Harry when you visit. They have had many years experience in bottle shops in Newport, Sydney and business experience in Bangalow before falling in love with Fingal Head.

Welcome to our community!

FINGAL SCHOOL NEWS



WHAT'S HAPPENING IN OUR SENIOR CLASSROOM?

We are having a whale of a time in the newly formed senior class studying whales as part of our English and Science unit. Students developed focus questions and then researched information about whale species; the features of whales and dolphins, what makes them unique in relation to each other and all other creatures, as well as the similarities between different species and humans. Each student has access to a desktop or laptop computer to research relevant facts, read and comprehend the information and then organise their knowledge and understanding in a power point presentation with images and diagrams.



Our excursion to Byron Bay Lighthouse was an exciting experience for students to extend their knowledge. Students were able to see a small portion of baleen, the brush like feature found in the mouth of Baleen Whales, and to hold a whale vertebra, while also talking with rangers and viewing photos of the whaling station at Byron Bay.

Students will finish term 3 by investigating a range of issues such as the impacts on whale numbers and how we can protect them and the ocean environment.

We have many talented artists in our class and our artwork has centred around the ocean theme, with students producing brilliant sketches of whale species and presenting their work on an ocean background. Students have also investigated mathematical concepts in art using tessellating fish shapes.

Continuing the strong learning focus on science, our unit on Solids, Liquids and Gases has allowed students to investigate the properties of solids, liquids and gases through a number of science experiments.

By conducting hands on experiments, students have seen how gases take up space, have a mass and have seen the effects of changing air pressure. During these activities students are required to make predictions, following directions for the experiment, work as a team and then record their scientific findings.

Ms Sara Reynolds

Bronte is focused on maths



John & Leila working together



2/3/4 CLASS

with Zoe & Miss Brewer

We have been working very hard and having a lot of fun in the 2/3/4 class. Some of the things we have been working on include...



Mindfulness We have been practising strategies to help the students be calm, focused and considerate learners. We began by learning about the brain and how it regulates our emotional responses. Every morning the students run, walk or jog a lap of the school and then come into class and participate in guided breathing exercises. The exercises are designed to settle emotions, increase attention, strengthen compassion and improve interpersonal relationships. The class has responded well and we all enjoy morning mindfulness.



Spelling Our class has changed its approach to spelling. The students still practice spelling list words for homework, while in class we have been focusing on spelling skills and strategies. The students have been learning about word origins, base words, suffixes and prefixes, morphemes and spelling patterns to hone their knowledge and increase their writing skills. During spelling lessons, the students make and change words, create word banks, identify phonemes and break words into syllables.

Writing The students have been learning about what it means to be an author and have taken on the challenge of becoming authors themselves. To achieve their writing goals, they decided they needed to set up a space in the classroom where they could work independently and explore different writing topics. As a group, the students brainstormed the things they would need to be successful writers and set up a writing station. They are all very motivated and have begun writing their own books.



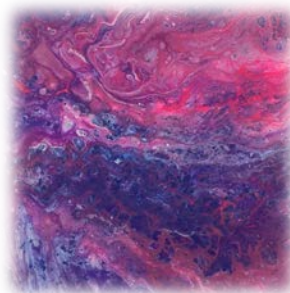
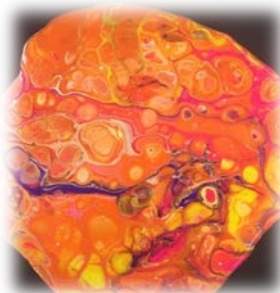
Mathematics The class has been working really hard on learning their times tables. Each day we practice by singing times tables songs and then complete the times tables challenge, where the students are timed while completing a mixed times table worksheet, the goal is to get a quicker time each day. The students are very engaged in the activities and have made great progress with their 4, 6 and 7 times tables.

STEM (Science Technology Engineering Mathematics) Before we split into three classes, a number of 2/3/4 students worked together on a project for the S8 Science Fair. The 'Go Camo' team wanted to find a way to get closer to the animals that visit our Dreamtime Pathway. Together they created a camouflage blanket. Their prototype was very successful and the group learnt a lot about team work, the design process and the role of camouflage in nature. The group had a great day at the science fair, sharing their learning and seeing projects from other schools.





Art The students learnt about density, viscosity and fluid dynamics while working on our pour painting project. To complete the project the students had to mix different paint with PVA glue and water to achieve the correct pouring consistency. They also had to add a silicone based hair product to the paint mix. The students then poured different colours of the paint mix into a cup before flipping it onto a canvas. If the consistency of the paint mix was correct, the different colours would not mix and lots of colour cells (bubbles) would appear. The students were very excited about this project and we had some fantastic results.



The 2/3/4 students have all settled in well to our new class and we plan to continue working hard and having fun for the rest of the year.

Miss Kacey Brewer



2/3/4



ROCKS



IT'S ALL FUN AND GAMES (AND LOTS OF LEARNING) IN OUR JUNIOR CLASSROOM



Banjo & Scarlett love writing!

This is the place where it all begins!

We spend a lot of our time focusing on learning to read and write and calculate. We are very 'hands on' and we enjoy learning using games, books and our imaginations!



Joy is ready to plant her seed and watch it grow.

We bring our friendships and school life in a safe, friendly environment and love to learn about our world.

At the moment we are interested in the tomato plants growing near our greenhouse. We think we can see the life cycle of how tomatoes grow. Are we right?



K/1/2 students love our new greenhouse.

Also, where are the endangered Bush Stone Curlews? We know this is nesting time for them. How can we keep them safe?

Our learning is based around natural curiosity. We have lots of questions!

Miss Janelle Kirk



Ezra has whale vertebrae.



Jaidyn, Maani & Asher

FAREWELL PAT

This week marks the end of an era at Fingal Head Public School. Our beloved Pat has decided to retire. Pat has worked for many years in schools and the past 14 years have been dedicated to the education and care of students at Fingal School. The positive impact she has had on our students is immeasurable.

Pat's retirement will be celebrated by students, parents and staff on Wednesday 26th September with a special breakfast at the school.

We thank Pat sincerely for her years of outstanding service and wish her a long, healthy and happy retirement.

CONGRATULATIONS PAT!



COASTCARE

RECOGNISED AGAIN!

Fingal Head Coastcare is very pleased to have been invited to submit to the National Landcare Conference in Brisbane in October, a display which illustrates our achievements and history. We are very chuffed to have our achievements recognised at this national level of Landcare Australia.

SCHOOL VISITS

Fingal Head Public School visited the Coastcare Nursery, sowed seeds and potted on passionfruit vines to be grown in the school's new hot house. Pupils also collected rubbish from the beaches for the national 'Plastics Be Gone' campaign in May.

Coastcare conducted a three week after school revegetation program for the Sathya Sai School and assisted with geography excursions for Ashgrove Marist Brothers College Year 12 and St Josephs Year 10.



BATS, BIRDS AND BEES

Recently two fruit bat experts visited our regenerated forests. These academics were Dr Alison Peel - Griffith University and Dr Peggy Eby – University of NSW.

They explained many things to us including:

- Fruit bats would be coming to Fingal Head to feed, but as they do not usually roost in their food trees they will be feeding not roosting in our figs and other trees.
- In recent years bats have been stressed by loss of habitat and dry seasons so the large colonies have broken into smaller groups and have moved from their traditional large roosting sites to scattered roosting. This makes them more visible and it is assumed their numbers have increased but in fact, bat numbers have actually declined.
- Fruit bats might move into an area for two or three weeks while food is plentiful but then they move back to their roosts
- Bats, bees and nectiferous birds are important pollinators of our plants helping them to set seed, therefore they are an essential component of forest ecology.
- Winter is a stressful time for nectifeous honeyeaters including bats because there are less flowering plants. The visiting experts recommended growing winter flowering plants such as Banksias *Banksia integrifolia*, Paper Barks *Melaleuca quinquenervia*, Forest Red Gum *Euc tereticornis*, Swamp Mahogany *Euc robusta*, and Brush Box *Lophostemon confertus*.

Fingal Head is certainly very special so let's all work together to keep it special.

Kay Bolton - *Fingal Head Coastcare*

'Helping to Keep Fingal Special'



KEEP MUSIC LIVE

The Sheoak Shack continues to support live music and you can too.

Every Saturday at 2pm and at 7pm live music is available for you to enjoy.

Support your local live music venue.



Sheoak Shack
Fingal Head

AIRCRAFT NOISE CAMPAIGN

The community has continued to be represented at the Community Aviation Consultative Group (CACG) meetings with the latest held on 25 July 2018. It is one of the few vehicles we have to improve the aircraft noise outcomes for residents of Fingal Head and more generally the Tweed.

Key matters arising included:

- The Instrument Landing System (ILS) will be commissioned later in 2018 or early 2019
- Smart tracking on RWY 32 implementation which is thought to have implications for East Banora residents will be implemented on 8 November 2018 – however there is only likely to be 5 aircraft per day using this track. A review of this will be undertaken after 12 months of operation
- No progress on the reinstatement of the noise monitor at the southern end of the runway – Airservices Australia (AA) will not act on this until the ILS is operational
- PFAS - AA reported that detailed site investigation will commence early in 2019. They will be publishing the results of the testing. A PFAS management plan will be available shortly.
- Concerns raised about the airport knowing about the contamination in 2008, yet in 2016 it never confirmed the contamination in NSW at the Federal inquiry. Chair to follow up with NSW EPA who will be invited to the next CACG meeting
- Project LIFT - Civil works completed including two extra apron bays and drainage. The airport is still negotiating with the airlines regarding the terminal.
- GCA has acquired 8 access ramps similar to that used by Qantas.

The next opportunities the community will have to raise issues will be at the next ANACC meeting on 25 October 2018 and the next CACG meeting on 7 November 2018

Frustration at the lack of real progress on the concerns raised by community members remains significant.

Working together to keep Fingal Head special.

Helen Twohill – President, Fingal Head Community Association Inc.

CONCERNED ABOUT AIRCRAFT NOISE?



- **Please** ensure that GCA and Air Services Australia know that we want improvements by utilising the complaints process by lodging a complaint, or make an enquiry by:
- Using the online NCIS form at **airservicesaustralia.com** and by using the **webtrak** tool
- Phoning **1800 802 584** (freecall) -
staffed Monday to Friday 9am - 5pm, excluding public holidays
- post to: Noise Complaints and Information Service, PO Box 211, Mascot NSW 1460





HEALTHY WATERWAYS – HEALTHY DOLPHINS PROJECT

Did you know that most dolphins that live along our coast don't migrate and rely on coastal habitats including estuaries and rivers for their everyday survival?

Dolphins that inhabit estuaries including the Tweed River are among the most vulnerable marine animals due to increased human activities, habitat degradation, pollution, declining water quality, fishing, nets and development.

We know little about the health and survival of these populations. Are their numbers stable? Do their calves live to maturity? Do they have the capacity to withstand existing threats?

Pottsville based marine conservation charity, Dolphin Research Australia is setting out to find answers to these questions with the launch of their Healthy Waterways – Healthy Dolphins Project.

The organisation is calling for the community to get behind this project. You can find out more about dolphins, the project and how to become a trained dolphin watch volunteer at:

<http://www.dolphinresearchaustralia.org/research/healthywaterways/>



graffiti
REMOVAL DAY
love where we live

FINGAL HEAD



GRAFFITI REMOVAL DAY SUNDAY 21 OCTOBER 2018

VOLUNTEERS NEEDED

MEET AT THE NEW BOAT HARBOUR AT 8.30AM

IF YOU ARE INTERESTED IN KEEPING FINGAL HEAD GRAFFITI FREE

Website: www.graffitiremovalday.org.au

TVSC SAILING NEWS



Tweed Valley SC ventured away from the Fingal reach for a change on 9th September for the 5th Annual Tumbulgun Passage Race.

**TWEED VALLEY
SAILING CLUB**

An early morning start for sailors and support team at Condong - rigging boats and providing breakfast for everyone. It was rewarding to see more spectators than ever along the river bank, especially at the Tumbulgun bridge - it's not often you see 23 sails coming down the Tweed River together. See the club's FB page and website for photos. The first boat finished in just over 3 hours and the skipper that spent the longest time sailing, 4hrs 12 mins, earned the "Golden Bailer" award (full of chocolates).



Tumbulgun Passage Race Fleet 9 September 2018

The club's summer racing season starts on 7 October with regular Sunday races 2 or 3 times a month through to March next year. If you enjoy watching the boats come down and say hello - you might even decide to try sailing yourself.

All welcome. www.tvsc.com.au



*2nd Placed Corsair Keenas Mark Reynolds, Craig
Foley & Ring-in Dave Chester*



Bill Got It!

ROVERS TO THE RESCUE



CPR TRAINING COURSE

Thank you to Ernie Williams, Tracy Barrell and Fingal Rovers for organising a CPR training course for community members on June 24. Geoff Provest assisted with funding and the half day course was delivered by a very professional Surf Life Saving Australia Team. Participants enjoyed and appreciated this very informative session.

Congratulations Fingal Rovers for providing another essential service to our community.

ROVERS TO THE RESCUE...AGAIN!

Thanks once again must go to Ernie Williams and the Fingal Rovers Surf Club.

Jillian Cooper, the co-founder of the Wedgetail Retreat, really wanted to visit Fingal Headland which she claims is her favourite place on earth. Unfortunately she is in a wheelchair.

More than a decade ago when she was very ill, Fingal Rovers transported her to the headland to plant three Pandanus trees. She is now in remission and wanted to show her visiting American parents her Pandanus trees and the beautiful headland. Coastcare contacted Fingal Rovers and Ernie dropped everything to take her to the headland in the Rhino. She was excited and happy and could not stop smiling as you can see in the photo.



Jillian Cooper & Ernie Williams

Another example of Fingal Rovers and the community working together to make a positive difference.

KEEP FINGAL SPECIAL

Emergencies	000
Tweed Shire Council	02 6670 2400
TSC Rangers	02 6670 2444 AH 1800 818 326
Tweed Wild Life Carers	02 6672 4789
Wild Life Carer Fingal	0416 050 946
Australian Seabird Rescue	02 6686 2852 0428 862 852
NSW National Parks and Wildlife	02 6670 8600
Kingscliff Police	02 6674 9399
Tweed Heads Police	07 5536 0999
Kingscliff Fire Brigade	02 6674 1271
Rural Fire Brigade	02 6672 7888
NSW Maritime Authority	07 5587 5222 AH 0417 248 415
Maritime Services	131 256
Illegal Dumping	02 6670 2400 or www.illegaldumping.com.au
Gold Coast Wildlife Hotline	1300 130 372

THANK YOU

The Fingal Flyer has been produced by Christine Marshall since the Autumn 2016 edition. As Principal of our local School, Christine has a very busy job so this additional commitment is greatly appreciated. On behalf of the Fingal Head Community Association Christine thank you so much for ensuring that the Flyer is produced and printed to ensure our community is kept informed.

Thanks are also due to all our contributors and volunteers who assist with distribution.

An electronic version of all editions of the Fingal Flyer since Spring 2017 are also available on the Fingal Head School website. Simply go to the Fingal Head School home page, choose News, and choose Fingal Flyer.

If you would like to contribute to the Fingal Flyer or if you have time and skills and are interested in assisting with the production of the Fingal Flyer please contact Helen Twohill at helen.twohill@bigpond.com OR

Please email, text or call Christine Marshall with feedback, ideas and suggestions.

Email Christine.n.marshall@det.nsw.edu.au | Mobile 0432 112 362 | Work 07 5524 2315

We hope you enjoy reading the Spring issue of the Fingal Flyer.



- Aircraft Noise
- River Usage
- Environmental Protection
- Community Get Togethers
- Fund Raising

needs you!

Our small community is facing its fair share of large issues.

If you are passionate about this area and wish to preserve the special environment that drew you to Fingal we need your help.

Please become a member or better still become an active member and help

KEEP FINGAL SPECIAL

Contact Heidi info@heidiledwell.com for membership forms

OPEN

Tues 10-5

Wed 10-5

Thurs 10-5

Fri 10-5

Sat 9-10.30

Sun 8-5

Ph 07 5523 1130



64 Fingal Rd, FINGAL HEAD

**FREE LIVE
ENTERTAINMENT**



NOVEMBER

3 November

2pm Gavin Doniger

7pm Nicole Brophy

10 November

2pm Skyeater

7pm Fingal & The
Curiosities of Essex

17 November

2pm Ben Jansz

7pm Felicity Lawless

24 November

2pm Jeremiah Johnson

7pm Zale Salek

**Delicious Food
Awesome
Coffee and
Cocktails**



OCTOBER

6 October

2pm Mantlepeace

7pm Felicity Lawless

13 October

2pm Tim Woodz

7pm Big Ilch

20 October

2pm Rachel by the Stream

7pm Victoriana Gaye

27 October

2pm Jolley Wild

PRIVATE FUNCTION

DECEMBER

1 December

2pm 7pm Jay Hoad

8 December

2pm Jez

7pm Dubarray

15 December

2pm Chad Wilkins

7pm Salt n Steel

22 December

2pm Ben Camden

7pm Jessie Morris Band

29 December

2pm Mason Rack

7pm Shem Reggae